



Heart Disease

- Approximately 1 in 3 adults have at least one type of cardiovascular disease, which is often preventable through lifestyle changes or managing medical conditions¹
- Every 43 seconds, someone in the U.S. has a heart attack¹
- On average, one American dies from stroke every 4 minutes¹
- Nearly 800,000 Americans die each year from heart disease, stroke, and other cardiovascular diseases, accounting for 1 in every 3 deaths¹
- Approximately 1 in every 6 healthcare dollars is spent on cardiovascular disease annually¹
- The AHA estimates that in 2015:
 - Heart disease cost \$215.6 billion¹
 - Hypertension cost \$46.4 billion¹
 - Stroke cost \$33.6 billion¹
- Americans suffer 1.5 million heart attacks and strokes each year- a burden that contributes to most of the more than \$320 billion in annual healthcare costs and lost productivity caused by cardiovascular disease¹
- \$195.6 billion in direct costs¹
 - Cost of physicians and other professionals
 - Hospital services
 - Prescribed medications
 - Home health
- \$124.5 billion in lost future productivity attributed to premature CVD and stroke mortality¹
- 90 percent of stroke patients have residual disability and only 10 percent recover completely after a stroke²
- Heart disease and stroke cost American employers hundreds of billions of dollars each year in medical expenses and lost productivity¹
- By 2030, annual direct medical costs associated with cardiovascular diseases are projected to rise to more than \$818 billion, while lost productivity costs could exceed \$275 billion¹
- Between 2012 and 2030, total direct medical costs of CVD are projected to increase from \$396 billion to \$918 billion
- Indirect costs attributable to lost productivity for all CVDs are estimated to increase from \$183 billion in 2012 to \$290 billion in 2030, representing a 58% increase

1. Mozaffarian D, Benjamin EJ, Go AS, et al. Heart Disease and Stroke Statistics—2015 update: A report from the American Heart Association. *Circulation*. 2015; 131(4):e29-322.

2. Ovbiagele B, Goldstein LB, Higashida RT, Howard VJ, Johnston SC, Khavjou OA, Lackland DT, Lichtman JH, Mohl S, Sacco RL, Saver JL, Trogdon JG. Forecasting the future of stroke in the United States: a policy statement from the American Heart Association and American Stroke Association. *Stroke*. 2013;44:2361– 2375.